

**SAMHSA Primary & Behavioral Health Care Integration (PBHCI)  
West Region In-Person Meeting  
San Francisco Federal Building, Room B-020 & B-040  
March 1-2, 2018  
Agenda**

**Overview:** Regional meetings provide an opportunity to engage with other grantees, federal partners, and national organizations on accomplishments and challenges related to PBHCI. Participants leave with new strategies to support provision of integrated care. The 2018 meeting will focus on integration best practices, with emphasis on (1) sustaining integrated care services and (2) addressing the opioid epidemic. Grantees should consider sending staff most closely involved in PBHCI implementation, including project directors/lead project staff, primary care providers, peers, and evaluators.

**Thursday, March 1: Sustainability of Integrated Care Services**

To sustain integrated care services post-PBHCI funding, grantees need to consider multiple elements that support long-term integration efforts. Throughout the morning, grantees will take a deeper dive into strategies that increase and sustain consumer engagement. The afternoon will focus on additional sustainability components, including best practices for evaluating health outcomes as a result of integration, and leveraging this data to sustain services.

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| <b>9:00 – 9:30 am</b>   | <b>Welcome &amp; Introductions</b>   |
| <b>9:30 – 10:00 am</b>  | <b>The Federal Perspective</b><br>Hear from regional administrators about the local resources for training and technical assistance that can support staff, organizational changes, and quality improvement initiatives for PBHCI.   |
| <b>10:00 – 10:45 am</b> | <b>Engagement: Sustaining Clients &amp; Organizations</b><br>Learn how engagement impacts client health outcomes and organizational stability as well as how to assess engagement at an organizational level and apply best practice techniques. Then, listen to a peer's perspective on what does and does not help to engage consumers.      |
| <b>10:45 – 11:00 am</b> | <b>Stretch Break</b>   |
| <b>11:00 – 12:15 pm</b> | <b>Small Group Brainstorming &amp; Facilitation Framework Training</b><br>Meet in small groups to continue the discussion on “what helps and what hurts” when it comes to consumer engagement and brainstorm practices to stop, start, and continue. End the session with a mini training on group facilitation skills to maximize engagement. |
| <b>12:15 – 1:30 pm</b>  | <b>Lunch on Your Own</b>   |

<b>1:30 – 3:00 pm</b>	<b>Strengthening &amp; Leveraging Health Outcomes Evaluation Data</b> Learn tips and strategies for improving the way data are collected, analyzed, and used to tout integration success. Hear from your colleagues about how they have leveraged health outcomes data to sustain integrated care services.
<b>3:00 – 3:15 pm</b>	<b>Stretch Break</b>
<b>3:15 – 4:45 pm</b>	<b>Sustainability Discussion</b> Hear key findings from previous grantees and recommendations for sustainability. Learn how value-based payment may play a role in supporting care coordination and advancing primary care standards. Then, meet in small groups to discuss integration components that may be difficult to sustain such as peer health coaching, wellness services, care coordination, and primary care.
<b>4:45 – 5:00 pm</b>	<b>Wrap Up &amp; Prep for Day Two</b>
<b>5:00 pm</b>	<b>Adjourn</b>
<b>6:30 pm</b>	<b>Optional Networking Dinner</b>

### **Friday, March 2: Addressing the Opioid Epidemic in Integrated Care Settings**

The U.S. is in the midst of an opioid misuse epidemic, which has led to opioid overdose now becoming the leading cause of accidental death in the country. The second day of the regional meeting will focus on understanding the issues that contribute to the epidemic, and strategies for addressing opioid misuse in integrated care settings.

<b>8:30 – 8:45 am</b>	<b>Welcome/Recap of Day One</b>
<b>8:45 – 9:00 am</b>	<b>Setting the Stage for the Day</b>
<b>9:00 – 10:00 am</b>	<b>State of Substance Use</b> Hear from experts on the state of substance use in the West region and opportunities for grantees to address the key issues.
<b>10:00 – 10:15 am</b>	<b>Stretch Break</b>
<b>10:15 – 11:00 am</b>	<b>Roundtable Discussion</b> Participate in facilitated small group discussions on substance use priority areas, including prevention, screening and identification, treatment, and overdose.
<b>11:00 – 11:45 am</b>	<b>Team Time: Workplan Development</b> Meet with your team to reflect on how your PBHCI program addresses substance use and develop an action plan for moving forward.
<b>11:45 – 12:00 pm</b>	<b>Wrap Up &amp; Evaluation</b>
<b>12:00 pm</b>	<b>Adjourn</b>